

ICD-10 Codes for Specific Substance-Induced Anxiety Disorder

Coding for substance-induced anxiety disorders depends upon the substance or medication involved and the level of use.

The substance or medication being used makes up the first 3 digits of the diagnostic code:

Anxiety due to...	Code prefix
Alcohol	F10
Opioid	F11
Cannabis	F12
Sedatives, hypnotics, anxiolytics	F13
Cocaine	F14
Other stimulants, including caffeine	F15
Hallucinogen	F16
Nicotine	F17
Inhalants	F18
Other psychoactive substances and multiple drug use	F19

The last 3 digits of the diagnostic coding indicate level of use. They are added to the prefix:

- .180 for abuse/mild use
- .280 for dependence/moderate or severe use
- .980 for unspecified or no use

So, for example, the code for anxiety disorder due to alcohol use that is moderate would be F10.280.