

**TABLE 1-2** Activities of Daily Living, by Level of Spinal Cord Injury

Activities of Daily Living	Level of Injury			
	Cervical 1-3	Cervical 4	Cervical 5	Cervical 6
Respiratory control	<ul style="list-style-type: none"> <li>• Ventilator dependent</li> <li>• Inability to clear secretions</li> </ul>	May be able to breathe without ventilator	<ul style="list-style-type: none"> <li>• Low endurance</li> <li>• May require assist to clear secretions</li> </ul>	<ul style="list-style-type: none"> <li>• Low endurance</li> <li>• May require assist to clear secretions</li> </ul>
Bowel control	Total assist	Total assist	Total assist	Independent to total assist
Bladder control	Total assist	Total assist	Total assist	Some to total assist
Bed mobility	Total assist	Total assist	Some assist	Independent to total assist
Bed and wheelchair transfers	Total assist	Total assist	Total assist	Independent to total assist
Pressure relief and positioning	Total assist; may be independent with equipment	Total assist; may be independent with equipment	Independent with equipment	Independent with equipment
Eating	Total assist	Total assist	Total assist for setup, then independent eating with equipment	Independent

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Table can be found at <http://fermat.nap.edu/openbook.php?isbn=0309095859&page=16> or, for the authoritative form as a graphic file, <http://books.nap.edu/openbook/0309095859/gifmid/16.gif>.